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Instructions for the Agile Capsule

In order to better evaluate your small intestines, your doctors have decided that you should swallow a small camera, the size of a large pill, which will take pictures of the inside of your intestines (Wireless Capsule Enteroscopy), and these will be analyzed for abnormalities. Due to the size of the camera, and due to the surgery(ies) you have had, it has been determined that you are at a higher risk to have the camera get stuck in the small intestines due to scar tissue build up and narrowing of the size of the intestines. Should the camera get stuck, it would become necessary to operate and cut the intestines open to remove the camera.

To lessen the risk of that happening, it is best that we determine that your intestines would allow the safe passage of a pill (Agile Capsule) which is the same size as the camera, but unlike the camera, would dissolve in the intestines after a few days if it were to get stuck.

This evaluation will happen before you swallow the camera pill. The following is an outline of what you will be going through:

The day before swallowing the Agile Capsule:

- You should remain on a light diet all day, avoid heavy and greasy food.
- At 5 PM that evening, drink 32 oz of the MoviPrep solution, at a rate of 8 oz every 15 minutes.
- You can continue with a light diet for the rest of the evening.

The day you swallow the Agile Capsule:

- Arrive at the Endoscopy Center of Silicon Valley at 7 AM (2410 Samaritan Drive, San Jose. Phone: (408) 369-9798)
- Swallow the Agile Capsule with a sip of water.

The day after swallowing the Agile Capsule:

-Return to the Endoscopy Center of Silicon Valley at 1 PM (or 30 hrs after swallowing the Agile capsule) to have your abdomen scanned and check if the capsule has passed. If the capsule did pass you will then be scheduled to swallow the camera soon after that. If the capsule did not pass this means that it would not be safe to have you swallow the camera, as it is very likely that it will get stuck in the intestines.

Please be advised that the Agile Capsule test will not be covered by your insurance. The cost of the test is \$150, payable to the Endoscopy Center of Silicon Valley on the day you swallow the Agile Capsule.